Explore this continental island

Walk your way to discovery

Humpy Island is a wildlife continental island. Walk the leisurely one-hour Ridgeway Trail to enjoy the island’s different habitats.

- Looking north from the ridge top you will see Hatley Island and Cathedral Rock in front of Great Keppel Island. The rugged outline of North Keppel Island stands out on the distant horizon.
- Egg Rock and Barren Island can be seen in the distance looking east.
- On the horizon to the south you will see Peak Island, where the vulnerable flatback turtles breed, and Divided Island.
- Looking to the west, Pelican Island and Wedge Island lie between you and the mainland.

Beach
The magnificent beach on Humpy Island provides a steady supply of food and nesting areas for many shorebird species.

Dune
Over time, hardy plants have grown on the sand dunes behind the beach. The plants growing here are vital to stabilise shifting sands above high tide.

Grassland
Shallow soils and salt-laden winds make the hill slopes on Humpy Island an inhospitable place for taller trees and shrubs to grow. Despite their barren appearance, the hilltops support a rich variety of grasses and herbs. Views from these wind-swept slopes are magnificent — look for spectacular birds of prey soaring above the water.

Heathland
Adapted to a windswept existence, the plants growing in the heathland are stunted and wind-pruned — sometimes growing almost horizontally. Despite these extreme conditions, delicate wildflowers bloom throughout the year.

Intertidal zone
The rocky intertidal zone on the southern side of Humpy Island is a haven place for plants and animals to survive — the tide floods and recedes from the rocky shores twice daily. Animals and plants have adapted to the changing conditions of a dry and hot rock shelf and the wash of pounding waves.